TOPcast Episode 100: Managing Change and Growth in Online Initiatives

Narrator: What will your future look like? The job you do today could be different than the jobs of tomorrow. Some see this as a challenge. At UCF, we see opportunity. A chance for you to grow your knowledge and strengthen your skills from anywhere life might take you. With in-demand degree programs and resources for your success, UCF online can help you prepare for the future and all the possibilities that come with it.

(musical transition)

Kelvin: From the University of Central Florida's Center for Distributed Learning, I'm Kelvin Thompson.

Tom: And I am Tom Cavanagh.

Kelvin: And you are listening or watching to TOPcast, the Teaching Online Podcast. Just threw a little visual love in there.

Tom: Yeah, we should plug the video. Since the pandemic started, we've been visual, and I'm not sure everybody knows that. So, if you think the audio's good, you 'otta see the video.

Kelvin: (laughter) It's not true. It's not true at all. But some people seem to like consuming a podcast visually. They like to see the people talking to each other, I guess, so I'm told. Personally, I think we're better audio. (laughter) But what do I know?

Tom: Well, I don't know. It's my own bias maybe just because I'm of a certain generation, I guess, but I tend to like the podcast because I can multitask, right?

Kelvin: Yeah, right.

Tom: I can do other things while I listen, whatever they might be. Mowing the yard or exercising or something. But I do know a lot of people do like watching videos of these kinds of conversations. So, we have that if that's your jam.

Kelvin: That's right. So, if you go to the website topcast.online.ucf.edu, you can choose really, almost any of the episodes that are listed there, and if you look down, there is a link right over to our YouTube channel where you can find all of these. If you're a subscribe-on-YouTube person, you could go do that. But you could find your way there from the website. We should say, because we haven't said this in a little while, we do bill this podcast has a collegial conversation about online teaching and learning conducted over a shared cup of coffee. And I guess I'll say that whether that's... We can actually share the coffee or not. Today we're having a collegial conversation and we're both having coffee maybe, but it's not shared coffee.
Yeah. Well, if you show up and you come to the podcast, whether audio or video, bring your own cup like we're doing today.

That's right.

We're each bringing our own cup to the conversation.

That's right.

So, Kelvin, that's what's in your thermos?

Yeah. Well, so we're not drinking the same beverage, so I'll tell you what I'm drinking but I feel like I ought to ask you first, what are you drinking?

What am I drinking? Sure.

Yeah.

All right. So, ’tis the season Kelvin.

Mm-hmm.

I've got a Starbucks pumpkin spice going this afternoon.

Oh, man. Pumpkin spice.

Mm-hmm. I know some people... There are divergent opinions on pumpkin.

Yeah.

Well, there's for and against.

I'm against.

Yeah, well—

I'm against.

Maybe it's good we're not geographically proximate to each other because—

I'll say this—

—I'm enjoying it.

This is all I'm going to say about this, my philosophy on the pumpkin thing. Pumpkin beer, pumpkin coffee. I think pumpkin should be chewed. I just think that... I don't think it should be a liquid that you swallow. Well, that's my philosophy. You should chew the pumpkin.
Tom: You're a gourd elitist, Kelvin Thompson. I had no idea.

Kelvin: I know. I know. People are going to... I think there's a vote somewhere, right? That we're going to throw out autumn or fall. It's just going to be called pumpkin spice. That's going to be the name of the season. There's people who that's their thing, right? Like, "Ooh, it's pumpkin spice season." See that could be where you are. I don't know. Maybe.

Tom: I don't know. I like the occasional cup of coffee. Only during this time of the year though. I don't drink it usually all year around.

Kelvin: I see. That's all right. I won't do it personally, but I certainly support everybody's freedom to drink the pumpkin beer, drink the pumpkin coffee, drink the pumpkin spice latte, whatever.

Tom: So, one can be a gourd elitist and a coffee libertarian at the same time.

Kelvin: Sure. I guess.

Tom: Okay.

Kelvin: I don't know what that means, but sure, that sounds good. Whatever that... But well, I am not drinking pumpkin anything, but I will tell you what's in my cup if you'd like. I would've shared this with you if we were together today. It is a single origin Peru from Blind Tiger Coffee Roasters in Tampa, Florida. I first became acquainted with Blind Tiger Coffee several years ago—maybe five or six years ago—because I happened upon it during a stroll. You'll probably appreciate the irony of this. Just a stroll through a quiet night in Ybor City on like a Tuesday, while I was catching up with an old college friend who was in town for a conference. We went out, we drove a little away from his conference hotel. We ended up walking around a totally dead Ybor City in the Tampa area. And we just saw this little, tiny shop connected to a co-working space and seemed like it was mostly a clothing store and then somebody who worked there happened to sell coffee because it was their hobby to roast it or something. And so they kind of said, "Oh, I'll make some coffee for you." But it was a good cup of coffee. I remember it five, six years later. And then just a few weeks ago—five or six years later—I ran across another Blind Tiger location in the Tampa area, and I discovered that now there are these multiple cafes across the greater Tampa area. I guess in five or six years, they got serious about the coffee part of their business, and it's front and center, and they've managed to just have this growth and manage it really wisely, I guess. And so, there are these like, I don't know, six locations and a big roastery, and it's a big deal thing. So, I will tell you that I think the coffee remains of high quality, and I wish I could share it with you today, maybe another time. But meanwhile, as you hear my little story there, could you find a connection to today's episode in my coffee?

Tom: I think I did.

Kelvin: Mm-hmm.
Tom: All right. So, I know what we're talking about today and who we're talking to and—

Kelvin: Always helps.

Tom: Always helps, yes. So, quality and scaling from sort of small origins to something larger with ambitions and trying to do so in a way where the quality remains, but you do so responsibly and yeah… Am I in the ballpark?

Kelvin: Ding, ding, ding, ding, ding.

Tom: Okay.

Kelvin: And I even had this little misdirection in there because I just knew you were going to say, "Well, LSU's mascot's the tiger."

Tom: Oh.

Kelvin: I just knew you were going to go there. I just knew—

Tom: I didn't go there. Yeah, that's good.

Kelvin: You didn't. I'm glad you zigged to my zagged.

Tom: Yeah.

Kelvin: That's right. That's good. Well, that's perfect.

Tom: You've hinted at it by mentioning LSU.

Kelvin: Mm-hmm.

Tom: So, do you want to share?

Kelvin: Sure. For sure. So, Tom, not too long ago, a couple months ago, I think, you interviewed our colleague, Dr. Alexandera “Sasha” Thackaberry, who was at the time of your interview, Vice President for Online & Continuing Education at Louisiana State University (LSU). And as this episode releases, Dr. Thackaberry has recently taken on a new role as Associate Vice Chancellor for Learning Experience Design Innovation—which is a lot of words in a title. I like it—at National University. And previously Dr. Thackaberry, [as] undoubtedly many of our listeners will know, held leadership roles at Southern New Hampshire University and Cuyahoga Community College. Is there anything you'd like to say about the interview before we cut to it, Tom?

Tom: Just that I really enjoyed talking to Sasha. She's a great colleague, super smart. Every time I talk to her, I learn things and [she] has a lot of wisdom to share. We could have talked about a lot of different things, but I was particularly interested in the work that she was doing at LSU and taking something that was not where
the administration wanted it to be, and how do you help grow it, put the infrastructure in place, deal with the change aspects of it, the politics, and the culture? All of that was kind of interesting to me, and she's a great person to talk to about it.

Kelvin: That's super. Well, with no further ado, through the modern technological marvel of podcast time travel, here is your interview with Sasha Thackaberry.

(musical transition)

Tom: Sasha, thank you so much for being on TOPcast.

Sasha: Thank you for having me.

Tom: So, you've been on our list for a while, I have to say.

Sasha: Ooh.

Tom: Yes!

Sasha: Friend of Tom and Kelvin, I love it.

Tom: We've been talking about you. (laughter) And there's a couple of things that we could talk about. Well, one of the ones I wanted to try to get your perspective on, because you've been living with this for a little while now, is somebody who's essentially launching a new online program at a very well-known university, and it's not that there wasn't online learning prior to that, but there wasn't the kind of virtual campus brand launch that you were brought in to handle. And I wonder if you could talk about that transition from going from some place as mature and established and well-known in the online space as Southern New Hampshire to a big brand, a big SEC school, but didn't have a big online program. I imagine that transition from a smaller school with a big online program to a big school with small online program was a bit of... Something that had to be navigated.

Sasha: Yeah, yeah. It was pretty dramatic. It was pretty dramatic. And I feel like now I've had the tour of almost every single type of educational institution because I came... Originally started K-12 and then I was at a community college for many, many years before I went to SNHU, and now I'm at LSU. And I will say that, yes, they are very, very different types of institutions, and how they approach their brand in the online space is totally different ends of the spectrum, right? So, some of the power of the brand of flagships, which I am at, is historically really about sort of an exclusionary, that the elite nature of it makes it valuable. And so, for post-traditional learners, one of the big things was from an institutional identity perspective, right? Was having those cultural conversations because at SNHU, that was not an issue at all. That's their DNA. That's what they do. That's who they are. And I think it was a very different experience at LSU because how they approach themselves from an identity perspective is very different.

Tom: Yeah. So, what do you think the biggest challenge has been for you? How long have you been at LSU at this point?
Sasha: Three and a half years.

Tom: Three and a half years?

Sasha: For three and a half years, yeah.

Tom: Three and a half years. So, you can't claim, "I'm new," anymore, right?

Sasha: No, no, no. It's flown by. The time has flown by. It truly has.

Tom: Yeah, yeah, yeah. But what would you say is the biggest challenge that you had to face as you've stood up LSU Online in its current incarnation?

Sasha: Yeah, I think the change management piece was really the hardest. And there's always things if you could go back and do it over again, things that you would do differently, especially in the beginning. But in a weird way, I think I owe some of the growth to COVID because I think a lot of faculty did more in the online space, realized that it can be done, it can be done well, it can be done with academic integrity. And so, I think that sort of, I think, facilitated the cultural aspect of it from the expansion perspective, but yeah, it was most definitely... The biggest issue was sort of convincing folks that this was really not only a legitimate thing to do, but really mission-centric for a land grant institution. We're a land grant, sea grant, and a space grant institution. There's only 30 of those in the US. So, it is a very powerful brand, but it's also... It means so much to Louisiana. So, it has very much a state sort of situated value in community, and there are multiple different LSU institutions that are separately accredited in the family of LSU. And so, there are a lot of identity and cultural sort of challenges. I would say that that was the biggest. That was absolutely the biggest thing.

Tom: So, you mentioned like how important this is to Louisiana, although LSU, I would describe as a national brand—

Sasha: For sure.

Tom: —more so than just a regional one. Do you think that that's the biggest opportunity? So, you sort of talked about the biggest challenge, the change management aspect. As far as the biggest opportunity, is it within the state or the region or do you have sort of national aspirations?

Sasha: Yeah, yeah. So most definitely national. So, we’re approaching it like a lot of institutions do. So, like “hyperlocal” local, which is... They call local what in non-marketing parlance I would call regional and then national marketing, and our growth is from out of state. So, the majority of our new growth is coming from out of state. And, in my mind, that's a very good thing. Louisiana is a very insular state. It doesn't have a ton of growing population. And so, a lot of these smaller communities where LSU institutions are situated really do need those enrollments, and they're not going to come from instate. So, we've been very successful working with those institutions. I think that the power of the LSU brand is huge. It's an interestingly emotional brand to people, right? It's not just
about the academics, which obviously it has pretty impressive academics and research going on, but it's also, it's just a hearts and minds thing that I didn't even fully appreciate until I came there. People love LSU. They love it. And not that they don't love others—

Tom: I know it from my life, people who are from Louisiana who have graduated from LSU. It's all, "Go French. Go Tigers."

Sasha: Yeah, exactly. Geaux, it is.

Tom: Everything's purple and gold. Everything.

Sasha: Uh-huh. They say, "You bleed purple, and you live gold," or something. I think they used to say that. It's not an official slogan anymore, but people say it all the time. They're like, "I bleed purple and gold." And I was like, "It's a lifestyle." So, for a lot of people no longer in Louisiana, or maybe they had a parent who was a graduate or they didn't even know there were graduate degrees available online, a lot of it is just getting the word out there that it exists. I'd say that's one part of it. But the other big part of it is the technology on the back end is very sort of old school. I like to call it retro, but not in a good retro way.

Tom: It's vintage. Yes.

Sasha: It's vintage! There you go. It's vintage technology. We have a mainframe as our student information system, no data warehouse. So, things that online programs should be able to do well and fast require significant human intervention for us to accomplish, like something as simple as processing transfer credit.

Tom: Yeah, yeah. Interesting. I want to come back to your point about change management, because I think it's so important to the work that we do collectively as an industry and—

Sasha: 100%.

Tom: —and in your role there and in previous roles. And I imagine that—knowing you—you've been kind of having a lot of meetings, but I'm sure it's more than just that. I wonder if you have any particular strategies that you think have been particularly effective as you've been navigating this change management and overcoming resistance because let's face it, there's a lot of hidebound kind of culture in some of these institutions, and getting people to accept something different is hard sometimes.

Sasha: Right. For sure. I think the first thing... I do. I have some strategies. In fact, I should write these down. They're intentional, too. It's taken me a while to sort of figure out what they are and name them, not by names, but being able to articulate it. The first one is it's sort of on the Kotter’s change model, raising the level of concern, right? But how you do that with academics can be very different depending on the type of institution you're at, right? And then a lot of folks have to raise the level of concern with their own administration to get the necessary resources to do the work. And so, I found a couple of things are successful. The
first one is definitely activating that competitive nature of academics and saying, okay, for peer institutions and just aspirational institutions... Actually, if they're too far aspirational, it doesn't work. And apparently the SEC is a thing that works, which I never would've thought an athletic conference is like comparable from an academic perspective, but that's a whole another story. So, saying like, "Oh, they're great." I use you all the time, Tom. I was like, "Look at this amazing training program that they have for faculty and it's part of the institution and it's continual development and it's not just one modality," all that stuff. So, exemplars, I would definitely say, to raise the level of concern so that people understand you're not where you should be, right? If they believe they're right where they should be then there's no motivation for change. So that's, I think, the one piece. The other piece is financial. If you can demonstrate the financial, I guess, cost benefit analysis like, "Here's what we are actually spending on these types of things. If we did it this way, here is what our ROI would be." Right? I don't think we make the financial argument well enough oftentimes as an industry, because and you know this, particularly in Publix, they actually don't track what they spend on what. A lot of places, even RCM models, it's pretty opaque what it... Sometimes the revenue is clean, but the ROI is never clean because people don't know how much money they're spending on things.

Tom: Because they just spend everything you get, whether it's appropriation or it's tuition, you just spend it all. And it's really hard to determine what's efficient and what made money and what didn't. Yeah.

Sasha: Right. And what people spend their time on, right? People's time is money. Your payroll is a huge chunk of your budget. And people just spend a lot of their time chasing projects that don't have an ROI or doing things like, if you're on a committee, if that committee hasn't come up with something that has actually accomplished something [or] something has been achieved through that committee, you might want to disband the committee. And how many times have you been part of a committee that's been disbanded, Tom?

Tom: Yeah, yeah.

Sasha: Yeah. Not a lot.

Tom: Not a lot.

Sasha: Doesn't happen a lot.

Tom: Yeah.

Sasha: So, I think those two, the competitive piece—because academics love to win—and the financial piece. But then the third thing is the Reagan strategy, right? So, it's telling me actual stories. And in order to do that, you just have to be really diligent about tracking things. So, a student calls in, they got the run around, they get emotional about it—of course—they write a whole bunch of... You have a whole paper trail on the student, then you take that forward. You say, okay, "It's not just these nebulous students whose transcripts aren't being evaluated. Look at Jane. Jane's a single mom. Jane doesn't have time to double request her
transcripts and pay for them twice from another school.” We need to solve this for people like Jane.

Tom: Yeah.

Sasha: The personal stories, narratives are how humans learn and that's what I think helps a lot. Even as being part of a research institution—as are you—we can collectively be incredibly immune to data. You can have all the data in the world and it doesn't necessarily equal action. So, I think those stories are something that's really significant.

Tom: Yeah, I totally agree. I think the power of those narratives, those anecdotes, it's so important in being able to communicate that. So, we have like 73,000 students, but if you can tell the story of one, and that can really impact you emotionally, you really understand.

Sasha: Absolutely.

Tom: I'll add one to your list.

Sasha: Yeah. Add one.

Tom: Although—

Sasha: We should be writing this down.

Tom: I know we should. Maybe there's paper in here somewhere.

Sasha: Mm-hmm

Tom: And that is data. I think you were sort of talking about financial data a little bit, but at least with faculty, when I've gotten faculty resistance, being able to share with them peer reviewed scientific data that shows no significant difference or whatever it is that I'm talking about. Because they're scientists and they're researchers and they understand that kind of an argument. I have found that on occasion to be useful.

Sasha: Yeah. And it's interesting because when I went to LSU, I wasn't anticipating needing to have those conversations because I was in this new bubble, and in this new bubble, that's what you do. You don't have to have the conversation about, is online a legitimate modality for students to get a degree in, right? So, it was interesting. I had to sort of sharpen my rationale, I would say. And I would say national data is very helpful too, right? So national data, if something's in the Chronicle or Inside Higher Ed about the growth of something, sharing out things that are coming out, even national data, I think can be helpful. It's difficult for us to get data from our own institution, and those other studies I would say are helpful, but we do those more on the design side, I would say.
Tom: Yeah. Well maybe, maybe the last question I'd ask you to kind of reflect on is maybe some advice. As I look at the landscape across higher ed and particularly online and digital learning higher ed, I imagine there are a lot of people coming out of the pandemic and the pivot to remote instruction, and a lot of schools have sort of realized, "We didn't really have an online strategy and I think we might need one going forward."

Sasha: Right.

Tom: "This isn't going away."

Sasha: Right.

Tom: So, for people who have been charged with doing, maybe even at a smaller scale, what you have done at LSU, what advice would you give them about trying to have an intentional online strategy at an institution that maybe hadn't thought about it like that before?

Sasha: Right. I would first decide... I would have the conversation about what is going to be the online identity of that institution, because we make this assumption that wild growth is what everyone wants and needs. And sometimes it's just sustainability or sustainable growth. But to do that, you can't pretend like you can market a SNHU or a WGU or even a Colorado State University Global. You don't have that full infrastructure. So, I would say definitely figure out what your lane is, what your differentiator is first. So, figure out what that thing is that makes you different, that should make you the best at that thing, and then really decide what to do about the OPM part of it, because OPMs aren't by nature evil, but they also aren't by nature good. They're like anything else. They're a tool. And so, I think that people have to be very eyes wide open about what they're getting into and also what they actually need help with and what they don't need help with. Because the sort of all in OPM revenue share model, I think, is not as valuable to most institutions. I think most institutions really need the support in the marketing and recruitment and maybe sometimes retention services, but really at the front end of the funnel, I don't think most institutions who partner with all-in-one OPMs really leverage the design and development assistance after that. And actually, I've seen in practice somewhere, regulatory requirements aren't necessarily shared by the OPM or put into place, which I think is a little danger zone. So, I always think that having design and development, something in-house, professional development in-house, those sorts of things, and then what you can't build, buy.

Tom: Yeah. That's great advice. That OPM question is a huge one because you're right, there are pros and cons or advantages and disadvantages. There are costs and benefits. But I think a lot of times people get blinded by the benefits and don't always think about the costs, and there are, as you said, there's valid reasons to use them and there's valid reasons not, and you have to decide what makes sense. And you're correct. I've seen it as well, that the model for that industry has evolved. You can do more fee for service where you don't have to bundle everything into this kind of large rev share percentage, so you can negotiate and do so little more custom now.
Sasha: And also put performance expectations. I have seen so many bad contracts. Contracts that were not... A vendor can say they're going to do anything, but is it in the contract? Are they committing to a certain amount of growth? If they don't hit their growth targets, then what happens? Does their rev share go down? Those things need to be structured in. And unfortunately, most of the time, the folks who are negotiating these are not really well versed in negotiating large multi-year contracts. So that's sort of a whole another sort of skillset. And typically in public institutions, I don't want to say it, but we're not 100% great at negotiating to begin with. Multi-year expensive contracts are the things we do.

Tom: Yeah, yeah. Wow. Well, I wish we had more time. Maybe we'll do a Sasha part two at some point in the future.

Sasha: Oh, dear. That sounds dicey.

Tom: Maybe we'll do it in person at one of these events once they start happening in person. So, on behalf of Kelvin and TOPcast, I want to thank you for spending some time with us today.

Sasha: Absolutely. Thank you.

(musical transition)

Kelvin: Well, Tom, that was your interview with Dr. Sasha Thackaberry.

Tom: It was, yeah. Great conversation. She's always full of energy and great insights and I really enjoyed it.

Kelvin: Yeah, for sure. I think that whole interview really kind of stands on its own. We can talk about whatever you want to from there if you'd like to hit any particular points, but I think it actually stands quite well on its own.

Tom: It does. I think there were maybe some universal truths that she dropped that I hadn't thought of in that way before, but when she said, I'm like, "Oh, my gosh. That's so true." Like taking advantage of academics' competitive nature.

Kelvin: Mm-hmm.

Tom: That is so true. I know that we're collegial and we all work together and there's great examples of different institutions collaborating, but we're also competitive with each other. How often do we look at the US News rankings and whatever, and you have aspirational peers and all those other things, so you want to win, right? So, I get that. And I think tapping into that was really smart and effective on her part.

Kelvin: Mm-hmm. Yeah, no doubt. And that was very kind of her to refer to UCF as such a peer. And especially related to our faculty professional development programs. If anybody's interested in that, hey, check out TOPcast episode 59, “Online Faculty Development.” We go into some detail about that. You guys spent a lot
of time. I think you're both very strategic businessy kind of folks. You really kind of dug in on financial viability and ROIs and efficiency and like all that stuff. But I love the message of telling stories. I love a good story, and understanding the power of story, that makes sense to me too. I agree. It was all just really good wisdom distilled.

Tom: Yeah, yeah. And the power of narrative is so important especially trying to tell that story. You can give any set of numbers that you want, "Oh, we've got 4,000 students like this."

Kelvin: Mm-hmm.

Tom: But tell one person's story and how something has impacted them and changed their life. And you say, "You know what? We've got 3,999 more of them." That I think is so much more impactful than just dropping stats.

Kelvin: Yeah. Although, I suppose that there are tools that are useful, like Sasha talked about being diligent about tracking things data wise, but I suppose particular approaches like journey mapping could probably be instructive, maybe service blueprinting. Not long ago, I ran across kind of an alternative called Touchpoint Terrain Mapping. There's all kinds of systematic ways of getting there, I suppose. It's not just, we make stuff up.

Tom: Yeah, yeah. Well, and you ought see Sasha's spreadsheets. You talked about sort of nerding out on the business side because she and I have had private conversations like that, and she shared some of those with me and they blow my mind. She's really good at it. So, congratulations to National University, because she's going to bring some of that wizardry with her. So, I don't know. Any final thoughts kind of listening to that interview?

Kelvin: I love to just... Kind of her parting advice of, you asked about any advice for those new to leading online at an institution and she really kind of boiled that down to identify kind of what your online identity is institutionally. And I thought there's a lot of wisdom in that. She further unpacked that into other things, but I thought just that itself is worth the admission price, right? Not every institution has to be pursuing the same thing via online. I thought that was really, really good.


Kelvin: Well, you want to try to put this plane on the runway?

Tom: Absolutely. So, I think we could both agree there are challenges leading an online operation, whether you are at a small private college or—like us or Sasha—a large famous public university—some more famous than others—yet these challenges can be opportunities if you properly manage the necessary change, including the financial, the process, and perhaps most importantly, the human relationship elements.
Kelvin: Yeah, that's great. I know we're trying to get out of here. Before we go into extra innings or whatever the appropriate sports metaphor is at this point, but think we've got time for just a quick plug if I can keep it brief?

Tom: Yeah.

Kelvin: So, dear listeners, we would love to have you join us for the recorded live year in review episode of TOPcast. At the time of today's episode recording, we don't yet know when the recorded live date is that has been selected by the poll respondents. You're time traveling because you know stuff that we don't. We'll be posting the date of this gathering on the show notes page for this episode, which is at topcast.online.ucf.edu and via Twitter. You can find all that stuff on the website. Please mark your calendar. Look at the date, mark your calendar, because we'd love to have each join us live. And then that recording will be the first Monday episode for December 2021. So come join live, but then catch the recording as well. So, hope that you can make it.

Tom: Join us.

Kelvin: Well, we'd love to have you. Until next time though, for TOPcast, I'm Kelvin.

Tom: And I'm Tom.

Kelvin: See ya.